

## Mila Headlamps

Now Available from Nordic Ultratune  
by Mark Waechter

Mila headlamps are from Sweden, where for many months each winter it is light outside only a few hours each day. But that doesn't limit what they do – for decades Swedes have been perfecting headlamps so that night-time cross country skiing can continue through the long winter nights.

The Mila lamps are ridiculously bright halogen headlights with a very wide beam. While most headlamps are adequate for walking (maybe), or camp chores (maybe), or reading in a tent, they don't really have a bright or wide enough beam to accommodate night skiing. A wide beam Mila halogen headlamp gives you a new way to see in the dark.

For me, the quest for a super headlight has been a result of needing to ski after work. In the dark, easy skiing with no trees (i.e. golf course skiing) isn't too bad. But that night-time run, through the trees, down *Inside Passage* on skate skis might be more than you bargained for without something super bright.

I've tried a variety of light setups, most recently a Niterider with a custom rechargeable battery pack (I'm an electrical engineer, too, so I can do that...). But during my week at the World Cup races in Canmore last season, the Euro skiers and servicemen were mostly using the big and super-bright Mila lamps. The big Mila lamps made my set-up seem weak.

The Mila PLS 100 headlamp features both a 10 watt and a 20 watt bulb and gives you the option of two very bright settings. A key feature of the PLS 100 is the large 100mm (3.5 inch) reflector which provides a big wide beam of light. The adjustable headset is lightweight and has been designed to be both comfortable and to keep the light in place while running. The 6 volt, 9 amp-hour nickel metal hydride rechargeable battery attaches to the headlamp with a power cord and can be carried in a waist pack or hydration pack.

This is a great light system for cross country or back country skiing, running, or any sport where bright lighting is needed. It comes with an overnight battery charger. Burn time: 5 hours at

10W, 2 hours 20 minutes at 20 watts. Weight is 200g (7 oz.) for the headgear and lamp. Battery weight is 630g (22 oz.). The price is \$329.



The Mila PLS 100 Headlamp  
modeled by Kelsey

By special arrangement with Mila USA, Nordic Ultratune will have Mila headlamps and visors for sale.

If you need a super bright light for skiing, snowshoeing, adventure racing events, or winter cycle commuting, then the Mila PLS 100 is the way to go. Send email to: [xcgrind@ultratune.net](mailto:xcgrind@ultratune.net) if you have questions or would like one sent to you.

### MORE INFORMATION

Mila PLS 100 Headlamp - \$329  
Shipping by USPS Priority Mail - \$10  
Give us a call! 509-996-4145

